

CO-ED VOLLEYBALL LEAGUE 2010-2011

RULES & REGULATIONS



1. League will begin November 1, 2010 and end March 7, 2011.
Wind-Up Tourney - March 13th, 2011. **Please call the Rec Office by FEBRUARY 26 to confirm your team in the tournament.**
2. Games will be played at the SVRSS (and the ESRSS if they are enough teams.)
3. Matches will consist of three (3) twenty (20) minute games less any warm up time.
Total points per match determines the winner. The score reverts back to zero for the beginning of each game.
i.e. 1st Game: Team A 25 Team B 10 = A-win B-loss
2nd Game: Team A 30 Team B 35 = A-loss B-win
3rd Game: Team A 35 Team B 25 = A-win B loss
Final: Team A - 2 wins, 1 loss
Team B - 1 win, 2 losses

All games use the rally point system (i.e. a point will be scored every time the ball is served).
i.e. Team A serves - Team A wins rally - Team A gets point & serve.
Team A serves - Team B wins rally - Team B gets point & serve.
4. Teams are responsible to supply referees for all the games your team is scheduled. Referee teams are responsible to have two people present for both games in the designated time slots. If you are unable to get anyone, please contact the teams playing. If a team misses 2 of their assigned games they will be disqualified from the rest of the league and the windup tournament. No money will be refunded.
5. There must be three women on the court at all times or you shall default your match.
6. Winning teams are to turn in score-sheets to Patti that night or the next day to the Rec. Office in the basement of the Town Office Building, in drop off box in front of building or fax to 734-5166.

Points will be tracked to determine placing in Windup Tournament.
7. General Rules:
 - The net will be women's regulation height.
 - Teams will rally for the first game service. Ball must cross net minimum of 3 times.
 - No two man (male) blocks allowed.
 - Men may only spike the ball from behind the three (3) meter attack line.

(See over)

- Team's rotation must be male/female/male/female/male/female.
 - At all times, at least 3 females must be on the court unless both teams agree to waive this rule
 - Service can take place anywhere behind the service line.
 - The let serve rule will apply. If the ball is served, hits the net, and then lands on the other side in play, the ball is live and must be played.
 - A carried ball which results in an absolute advantage to the team shall be called.
 - No spiking hard at female players.
8. It is asked that both teams set up/take down the volleyball equipment.
9. Referees will bring score sheets (attached to team package). You can find a copy of the schedule and scoresheets on the website at www.swanvalleyrec.ca.

**QUESTIONS OR CONCERNS SHOULD BE ADDRESSED TO
PATTI HENKELMAN, RECREATION DIRECTOR AT THE REC. OFFICE
AT 734-3847.**

Good Luck and Have Fun!